

Food Practices

Reduce Food Waste, page 128

Goals	Indicators
<ul style="list-style-type: none"> Eliminate food waste 	<ul style="list-style-type: none"> Amount of food purchased or grown but not eaten

Choosing Wise Ingredients, page 176

Goals	Indicators
<ul style="list-style-type: none"> Select ingredients with better environmental impacts Avoid ingredients with worse environmental impacts 	<ul style="list-style-type: none"> Amount and types of food purchased

Eating Plant-based Meals, page 182

Goals	Indicators
<ul style="list-style-type: none"> Improve the environmental impact of your diet 	<ul style="list-style-type: none"> Percentage of plant-based meals

Cultivating Healthy Harvests, page 189

Goals	Indicators
<ul style="list-style-type: none"> Support farms that build healthy soil Grow food in healthy ways 	<ul style="list-style-type: none"> How much food purchased or grown comes from healthy farms and gardens